



# The Future of Gorge Soccer

The Gorge Soccer Association, one of our community institutions, was in the news recently, but for all the wrong reasons. When President Terry Marra passed away in early February, the club executive uncovered more than \$370,000 in unauthorised expenditures spanning the past seven years. The club is viewing this as a temporary setback, and the future of the club is not in danger. Although it will take some time to repay club debts and rebuild a capital reserve, the day-to-day financial operations of the club are strong going forward.

This is fortunate for the entire Gorge-Tillicum area, because when a club like this becomes intertwined in the community, we tend to take it for granted. Only when it faces a crisis do we begin to realise how important it has become.



*Gorge Soccer plays a significant role in the lives of hundreds of families in the Gorge-Tillicum area, and has done so for nearly 60 years.*

Players of all ages come out every weekend from September to April to learn a great game and participate in what has become a historic part of our community.

The association's roots go back to 1950, when the Vets of France Juvenile Soccer Team, coached by the late George Kulai and managed by the late Ed Ball, moved from the juvenile soccer ranks into senior competition. From this nucleus of players the Gorge Soccer Association evolved, forming in 1956, when the team played under the sponsorship of the Gorge Hotel.

Since that time, the Gorge Soccer Association has continued to grow, from one senior team and seven youth teams in 1960 to today's 58 youth teams and 12 senior teams. The club has over 700 youth players and 200 senior players, and many of them stick with the club for life. The youngest

players start at age 4, and although the club's masters team prefers not to discuss age, it features players in their 70s.

Over the years, Gorge teams have won League, Island, Coastal and Provincial Cup finals. They have played in national finals and produced many star players. Gorge players have played on the District, Provincial and National teams, and some have gone on to professional careers in the North American Soccer League and Canadian Soccer League, including Bob Bolitho, George Pakos, Graham Lee, Bruce Twamley, Shel Brodsgaard and Nicci Wright.

But the most important part of the club is not success on the field but the community it forms for its players and their families. Players on a team build a bond around a love of the game. They

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## GORGE SOCCER AT A GLANCE

**1700+**  
Games per Season

**805**  
Youth Players

**71**  
Youth Teams

**12**  
Adult Teams

**135**  
Coaches & Managers

## Calling our neighborhood youth!

We want to hear your perspective on our community.

If you are you are interested in submitting some original content, please contact Christine Fedoruk at [christine.fedoruk@gmail.com](mailto:christine.fedoruk@gmail.com)



### Neighbourhood News

We welcome comments—please let us know what you think of your newsletter!

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Unsolicited articles welcome.

The deadline for submissions & advertising for the next issue is Sept. 30, 2014

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#### Distribution:

All 4,000 copies of this newsletter are delivered by volunteers, and we could always use more help. Please contact Ray Farmer 382-1122.

Additional articles posted online at: [www.gorgetillicum.ca](http://www.gorgetillicum.ca)

Newsletter delivery help needed on Portage Rd.  
Contact Ray Farmer.

# Urban Forest Initiative Update



**50**  
**Trees & Counting!**  
The GTCA thanks all those who have signed up for this program.

Our community is going to be leafier! So far, we have had over 50 people sign up for a free boulevard tree in our partnership with Saanich's Urban Forest Initiative — and it isn't too late to get involved. As long as you agree to care for and water your tree from May until October, Saanich will plant a tree in your boulevard — increasing the urban forest as well as making our neighbourhood more beautiful. Choose your own tree type, or get together with your neighbours and organize a coordinated look for your street.

**If you would like a tree in your boulevard, please contact our boulevard tree coordinators.**

Email: [info@gorgetillicum.ca](mailto:info@gorgetillicum.ca)

Phone: Pam at (250) 370-0634

Or by mail:

Gorge Tillicum Community Assoc.  
Attn: Boulevard Tree Coordinators,  
P.O. Box 4415  
Victoria, B.C.  
V9A 7K1

More information on this program is also available on the Saanich website: [www.saanich.ca/parkrec/parks/trees/urban.html](http://www.saanich.ca/parkrec/parks/trees/urban.html)

**—Pam Loadman**

## Gorge Tillicum Community Association [www.gorgetillicum.ca](http://www.gorgetillicum.ca)



### GTCA Board of Directors 2014/15

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The Gorge Tillicum Community Association is a non-profit organization that advocates for the Gorge Tillicum community. The Board meets at 7pm the first Thursday of each month from September to June at Pearkes Recreation Centre. You are welcome to attend. Please email us at least one week prior to the board meeting for any additions to the agenda.

# *a word from the* president

Summer sure is coming up fast. As I write this on a rainy May evening, I am wondering how, so far, this year has gone by so fast. Well, all we have to do is take a look at what your community association has been up to.

Since our last conversation, we have been hard at work with the Gorge Community Garden project, the 16th Annual Gorge Canada Day Picnic (<http://www.gorgecanadaday.ca>), our AGM, Board meetings, Saanich Community Associations Network (SCAN) meetings. And these are just the routine things!

At the AGM, we had to say our farewells to retiring directors Vincent Gornall, Olivia Anderson, Brian Menzies and long-term director and secretary Arden Little. Working with all of these folks was a pleasure, and they will be missed. We formally welcomed Marcus Fedoruk and Wendy Farwell to the board, along with confirming our new secretary, Vera Wynn-Williams, as well as the rest of the board.

The new bridge is open and seems to be working as planned. We are interested

in your observations, so keep those emails and Facebook comments coming. I would like to remind everyone that the design is not meant to frustrate but to create a safer environment for all users. This area is simply going to get more and more congested with a variety of mode choices — walking, cycling, scooters, trucks and cars — so please be careful.

*As a result of the completion of the new Craigflower Bridge, we are now able to finish the section of the Waterway Park at Tillicum Road. This space will be part of a quiet oasis hidden from the bustling roads. The idea of the berm is to create barrier and focus down the hill towards the water. The space will also lend itself to smaller community events, so stay tuned to our Facebook page for news.*

Chris Kask has the Gorge Canada Day Picnic team humming. This year's event looks to be as good as ever, with Daniel Lapp bringing out his best for us to enjoy. Gorge on Art will be a returning feature. Also, look for some new, fun activities to test your soccer skills, and a new family feature will be found at the bottom of Austin.

The GTCA Board has created a Land Use Committee. Wendy Farwell has graciously taken on chairing this committee, which already has eight volunteers. Already this year the committee has been examining a new development proposal for Earl Grey and Gorge.

A word about our committees. There are a number of them working in the neighbourhood. From covering the Gorge Community Garden, to transportation, arts and heritage and, of course, the Picnic, our committees always have room for more voices. We welcome anyone who is interested in joining our conversation; let us know if you would like to work on a specific project or committee.

Speaking of the Community Garden, board director Gabe Epstein has been leading us through the building of the Garden. We should see the results of all the effort this fall — a perfect time of year around here.

By the way, this will be the last newsletter until November. In the meantime, we will be at the Picnic on July 1st and at Music in the Park on August 26th. Come on out, and let's talk.

**—Rob Wickson, President**



Scott Karpes, Rob Wickson and Rob Fleming, MLA, Victoria-Swan Lake

# Celebrating Local Artists:

## Russ Godfrey, Musician



Photo by Chris Bullock

Russ Godfrey and Leslie Cook of Gorge-ous Coffee

*When I arrive at Gorge-ous Coffee to interview him, Russ Godfrey is strumming his latest passion: the ukulele.*

I'm seeking biographical details, but first he wants to tell me about his plans to start a ukulele reggae band, and that he's just seen a baritone ukulele he would sell a kidney for.

I know Russ as the public face of Rusty and the Roosters, a rock band with a fascinating tendency to mix musical modes. In one concert I attended, '60s British folk-popster Donovan became a roots rocker, and the Motown soul hit "Papa was a Rolling Stone" suddenly morphed in "Locomotive Breath" by the British jazz-rock group Jethro Tull. But there's a big back story to Russ and the formation of the Roosters.

This story starts in the early 1950s, when baby Russ is born into a musical family. Dad is a virtuoso harmonica player, and Mom sings in choirs, and radio commercials. This is a family with deep roots in Victoria and this area; in the 1940s and '50s Grandfather slung beer in Gorge Pub, and the Gorge itself was, in Russ's words, a "cesspool." Russ breathes music from the day he's born; his musical journey takes him through Perry Como and Frankie Laine (his parents' favourites), then Elvis (his sister's favourite), then early teen musical enlightenment courtesy of the Beach Boys and the Beatles. He takes on the longest paper route in Royal Oak so he can buy a drum kit, and gets his first paid gig when he is 16. From then on he is always in a band of one kind or another.

At first these bands are mainly rock and roll, but a swerve in interests eventually takes him into traditional Celtic music, an interest frowned upon by his erstwhile rock-and-roll buddies. But his interests continue to widen, and in 1995 he founds the Walter Bodega band. (And no, Walter Bodega isn't a person; the band was named after the intersection of two streets in Gorge-Tillicum!) The band personnel — Jonty Parker-Jervis on violin, Russ on mandolin, Bruce Rathie on guitar — play a fusion of Celtic, gypsy and folk-rock. Very successfully, too; they are the house band in Swans pub for eight years.

Bruce Rathie dies in 2008, and Russ is devastated by this loss. He needs a band for a memorial occasion for Bruce, adds Rob Lifton and Mike Nicholls to the former Walter Bodega line-up, and Rusty and the Roosters is born. The band continues to honour Bruce's spirit by playing an eclectic mix of roots, Celtic, reggae, rock and blues, giving each song a distinctive "twist" that makes it their own.

As Russ tells his story, I continually sense the passion for music woven into it.

But he has other passions too. One is for affordable housing, especially for the young and disadvantaged. From his time with the provincial government working on residential tenancy issues, he brings skills he uses as a community legal advocate in the Tenant Resource and Advisory Centre. He also makes presentations to students about housing law at the University of Victoria Law Centre.

And he also has a passion for Vancouver Island — "There's no better place to be" — and for the Gorge-Tillicum neighbourhood he has lived in since 1979.

*CONTINUED ON PAGE 5*

*“Why live here?” I ask. “Because Gorge-Tillicum is a spirited and caring community,” he answers. “And it’s becoming more and more so each year, because of the great people in our Community Association.”*

And now there’s Gorge-ous Coffee and the amazing ‘over the top’ support Leslie and Jim give to local musicians. There are so many people contributing to our area.”

“Including you, Russ,” I think as I leave Gorge-ous Coffee to the strains of a Bob Marley song — a delicious taste of that forthcoming ukulele reggae band.

—Chris Bullock

## This is Your Newsletter

Is there a local theme, person or community event you would like to see covered in our newsletter?

Submit article ideas to newsletter editor Christine Fedoruk at [christine.fedoruk@gmail.com](mailto:christine.fedoruk@gmail.com).

## Brandon Leudke, Artist

One night, while walking along the Songhees Walkway, I caught the view of a crouching heron that would become the inspiration for my sculpture. Standing on one leg, motionless, this heron would have been easy to miss had my mind’s wandering thoughts not paid heed to my peripheral vision, which was directing me to appreciate the beauty of the moment before me. I stood there with that bird for over half an hour, contemplating his superb focus and patience while also admiring his delicate silhouette and graceful thinness. Was there ever another bird so exquisitely efficient in function and yet so meditatively beautiful in form?

Living and working on the Victoria waterfront has afforded me many opportunities to observe and reflect on the habits of the local heron population, particularly their posture of crouching in still waters in wait of fish. During the daytime, I would compare the heron’s ways to those of the other birds — the noise and confusion of the vulturous seagulls surrounding the heron and hoarding any available fish remnants — to the hectic ways of the people of the city, with their cars, planes, boats, sirens and so forth. I admired the “way” of the heron, whose stillness is extraordinary. Does one ever become likewise, impervious to all of the busyness and distractions of the city?

The heron’s uncanny punctuality also struck me, as we’d come to meet at that same spot most nights thereafter. Now that seasons and habits have changed, when he doesn’t show up, I can go to Herons Landing to see him crouching



in his newly conceptualized habitat, atop a custom glass tile mosaic “water” motif, amidst rust laded rocks.

As a major landmark and beacon to the city, the Crouching Heron is clearly visible from the road; yet, it is by navigating the sculpture on foot that the steel bird is brought to life. The scale of the work, standing at 2.5 metres, was determined such that passersby would become the metaphorical “flock” surrounding the Crouching Heron. This is a proud bird: a satisfied and observant one who is at once impervious to, and yet keenly aware of, his surroundings — *and us*.

—Brandon Leudke

May 25, 2014

Credits:

“Crouching Heron, Hidden Flock,” 2014. Artist: Brandon Leudke, LEUDKE CREATIVE. Client: Ernie Yakimovich, E Y PROPERTIES LTD (Private Commission). Location: Herons Landing, 3185 Tillicum Road, Victoria, BC. Description: Steel heron (2.5m high), steel reeds, steel address numbers “3185”, stone, architectural lighting, custom glass tile mosaic installed in collaboration with Wiktor Szczurek, VIK TILES. Photo: © Brandon Leudke, March 3, 2014

# The Green

## Gorge Waterway Nature House



Photo courtesy of World Fisheries Trust

For the fifth year, World Fisheries Trust will be operating the Gorge Waterway Nature House all summer in Esquimalt-Gorge Park (formerly Kinsmen Park at the old concession building). Now in expanded facilities thanks to a great Young Construction Leaders Legacy centennial project, Nature House offers hands-on nature exploration and an exciting variety of displays for kids and adults.

We are always adding and changing displays at Nature House, so expect to get more information on Coho salmon and Pacific herring this year. Come check out our interactive Seaquaria Touch Tank, Watershed Model, bones,

shells and a variety of crafts. We also have school programs on water monitoring, ecosystems, and other environmental issues. The park has a playground, great walking trails, an interesting water-treatment creek, a beach and a newly renovated Japanese garden.

*Nature House is currently open on weekends, but we'll soon be open during the week. Entrance is by the Tillicum Bridge, across from the Gorge Pointe Pub, and is by donation — but we don't turn anyone away!*

There are specialty book and food sales. We have lots of volunteer opportunities, if anyone wants to help be a park interpreter or researcher. We also welcome any interesting donations of materials, if you have them!

**For more information about the Gorge Waterway Nature House, check out [www.worldfish.org](http://www.worldfish.org) or email [education@worldfish.org](mailto:education@worldfish.org).**

**—World Fisheries Trust**

 <b>WALK-IN+</b> <b>BURNSIDE FAMILY MEDICAL CLINIC</b>	<b>EXTENDED HOURS</b>	
	Mon. to Fri. <b>7:30am to 9:00pm</b> Sat., Sun. & Hol. <b>9:00am to 6:00pm</b> 101 Burnside Rd. West (between Tillicum and Harriet)	
<b>NO APPOINTMENT REQUIRED</b>	<a href="http://www.burnsideclinic.ca">www.burnsideclinic.ca</a>	

# Space

## Creatures of Habitat

In 2009, Peninsula Streams Society, in partnership with a team of concerned community members, created an environmental education program for Grade 6 students. We called it “Creatures of Habitat – Days of Action” to reflect the program’s emphasis on proactivity in the face of our environmental challenges. Every year since, we have brought a “Day of Action” to middle schools all over the Peninsula and into Saanich.

*With our team of volunteers, workshop providers and theatre crew, we engage over 500 Grade 6 students each year in environmental restoration activities, interactive theatre and workshops.*

In various years, we’ve delivered the program to North Saanich, Bayside, Royal Oak, Glanford and, for the first time in April 2014, to Colquitz Middle School. To date, 3,100 students have participated in “Creatures of Habitat”!

In April the program went off without a hitch at Colquitz School thanks to the amazing support of teaching staff, District of Saanich Parks, our volunteers, theatre and workshop crews and, of course, the students! Environmental restoration activities took place at both Cuthbert Holmes Park (under the experienced guidance of the Friends of Cuthbert Holmes Park) and across the street from the school at Colquitz River Park. Students spent the sunny day discovering bugs and slugs, learning how to identify our native flora, and cutting back Himalayan blackberry, English ivy and

other invasive plant species to allow room for our native plants to flourish. Shaw TV also stopped by to help spread our story via their go!Island evening segment.

We want to say thank you to our funders and everyone involved for helping to create a safe and instructive day! For more information about Peninsula Streams Society and our education programs, please visit our website at <http://peninsulastreams.ca/>

**–Dorothy Chambers**



## *We’re Building Gorge Park Community Gardens (GPCG)*

### *For information about*

- *Contributing to the building fund*
- *Becoming a GPCG member*
- *Renting an allotment plot*

### *Please*

- *Contact Gabe Epstein at*
- *belle.leon1@gmail.com or 250-382-1328*
- *Come and talk with us the Gorge Canada Day Picnic*

# The Future of Gorge Soccer

learn to work together in a sport where team play trumps individual skill. The club is successful because the game itself fosters the kind of teamwork and togetherness that builds a community. It is this very togetherness that has allowed the club to weather its current storm so successfully.

Best of all, soccer is a sport that people can play all their lives. So the real success of the Gorge Soccer Association is that it spans generations, as families bring their kids out to participate in the club that was a fixture in their

own lives as they grew up. That family togetherness is just one reason why the Gorge Soccer Association is such an important and healthy fixture of our community.

As the club looks to a brighter future, it has adopted an unofficial new motto: "Onward and Upward." The Gorge Soccer Association will no doubt remain an important part of our community for years to come.

—Andrew Wynn-Williams

Registration for the 2014/2015 season is open. If you or your family are interested in participating or in learning more about this fixture in our community, then visit the Gorge Soccer Association website at [www.gorgesoccer.ca](http://www.gorgesoccer.ca).

## Historic Photos Courtesy Gorge Soccer



Circa 1960



Circa 1960



1972-73



1982-83

If you see yourself in any of the above photos, share your memories on [Facebook.com/gorgetillicum](https://www.facebook.com/gorgetillicum)

# Local Grower: Donald Street Farms

I arrive on a fresh May Saturday morning to the farm stand at 3051 Donald Street and am warmly welcomed by Deb Heighway and her single customer, who is soon replaced with another, and then another, and still another. Deb greets every one by name. Open-air tables support a wide variety of robust-looking food plants and starters, including strawberries, raspberries and tomatoes. Deb's first customer is after the latter, and receives a short how-to on successfully transferring the plant home to complete its growing year.

Deb has been growing in the Gorge-Tillicum community for six years. She took a nod from her brother, who lives in Vancouver, to grow food in an urban setting. Deb was curious when he raised the idea and started to learn about small plot intensive farming. They both paid money to join a committed group, more than 600 strong across the world, who are using this highly productive and effective growing method to farm available land in their communities.

*Here in Tillicum, Deb farms seven neighbours' backyards. In exchange for a weekly basket of fresh produce, neighbours provide the growing spot and the water.*

It's a successful match that keeps Deb's schedule full. She works Monday to Wednesday and maintains and picks every Thursday, with the help of two volunteers.

At the time of my visit, the Donald Street Farms stand offered beautiful bushels of herbs, enticing preserves, farm-fresh eggs and fresh flourless peanut butter cookies. As the growing season progresses, this selection will soon welcome tomatoes, berries, mixed salad greens and other crops. Deb



Photo by Marcus Fedoruk

hasn't made a study of food security but believes her efforts help people see a greener picture. "When people see that food can be grown here, it makes a big difference. They see they can do it too."

As I stand there in the dappled shade talking to Deb, I appreciate that I live two blocks from the freshest and most local farmer's market I ever will have the privilege to visit. Deb offers me tea, which I defer to another time, but it's clear from the caring way she greets her customers, Deb has a dedicated following of people who appreciate

what she is doing for the community, and that she has many more friends in her community due to her efforts.

Donald Street Farms runs its farm stand at 3051 Donald Street every Saturday from 10 to 2, starting the May long weekend through till October. Deb has more yards than she can handle, but if you would like to learn more about small plot intensive farming or to volunteer to help tend yards, contact her through Facebook: <https://www.facebook.com/DonaldStreetFarms>

—Christine Fedoruk



Photo by Marcus Fedoruk

# Computers at Saanich Centennial Library

Saanich Centennial Branch has one of the highest computer usage rates within the Greater Victoria Public Library system. In 2013, Saanich Centennial library patrons logged more than 1.3 million minutes in over 21,000 sessions.

*The branch has 23 regular public access computers, one adaptive computer (for users with visual or physical challenges), two computers for teens only, and two computers for children. Each library patron is entitled to two one-hour sessions daily, with extra time given if there are unused computers.*



Users with their own devices (laptops, tablets, smartphones, etc.) are also able to access the branch's wireless network at no cost. In addition, Saanich Centennial Branch offers a wide variety of help for computer users through classes or other venues, such as Tech Buddies, where teens help seniors with computer issues.

GVPL offers many resources to library users at home. Patrons can access their library accounts to place holds or renew items. Library patrons with tablets, iPads or smartphones can use GVPL's new mobile website ([m.gvpl.ca](http://m.gvpl.ca)). E-books, audiobooks, movies and music are also available digitally to stream or download for a specified time period. Patrons wanting to read the latest edition of *Consumer Reports* or other magazines can log in to one of our subscribed databases.

On April 24, Saanich Centennial received new computers with updated software as part of GVPL's program to upgrade public computers. For more information about public computer access or any of the services listed above, ask at the Information Desk at Saanich Centennial or at any branch of GVPL.

--June Smith

## Community Scrapbook



Gorge Park Cleanup  
April 26, 2014



May the 4th Be With You  
First Annual Bike Ride



Photos by  
Katrinka Karpes

+NDP

Supporting safe,  
sustainable communities

**Randall Garrison, MP** ESQUIMALT-JUAN DE FUCA



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[www.RandallGarrison.ndp.ca](http://www.RandallGarrison.ndp.ca)

# Upcoming Events

**“Just Me and My Dad” Storytime and Craft:** Saturday, June 14, 11:00 am – 12:00 pm at Saanich Centennial Branch. For dads, stepdads, granddads or uncles and children aged newborn to 5. Bring the kids you love for a storytime in honour of Father’s Day and enjoy fingerplays, puppets, stories and songs and a special craft. Register online at [www.gvpl.ca](http://www.gvpl.ca) or at 250-477-9030.

**Gentle Walk & Talk – Gorge Waterway:** Thursday, June 19, 9:30 am – 11:00 am. Meet at Gorge Waterway Park, near Canoe Club, at end of Tillicum Road. Suitable for all walking abilities. No fee or registration required. For details call 250-475-5408.

**Preschoolers in the Park – Gorge Waterway Park:** Friday, June 20, 10:00 am – 11:30 am, at 300 Gorge Road and Tillicum. No fee or registration required.

**16th Annual Gorge Canada Day Picnic:** Tuesday, July 1, 8:30 am – 4:00 pm at Gorge Waterway Park and Kosapsum Park. Celebrate Canada Day along the Gorge Waterway with a pancake breakfast, parade, stage entertainment, classic cars, kids’ activities, street hockey, soccer, strawberry tea, Gorge on Art, market and more. More information at [www.gorgecanaday.ca](http://www.gorgecanaday.ca)

**Sunfest on Ice:** Thursday, July 3, 3:15 pm – 4:35 pm at G.R. Pearkes Recreation Centre. Enjoy a “cool” skate and a cool treat. Admission: \$3. Skate rentals are FREE. More information at [www.saanichsunfest.ca](http://www.saanichsunfest.ca)

**Guts ‘n Glory Dragon Boat Festival:** Saturday, July 19, 9:00 am at the Victoria Canoe and Kayak Club on Gorge Road. More information at [www.vckc.ca](http://www.vckc.ca)

**Gorge Swim Fest:** Sunday, August 10. The highly successful Gorge Swim Fest returns to various locations on the Gorge Waterway. There will be music, food, games and of course swimming in the wonderfully warm and clean Gorge. For more details see [www.facebook.com/gorgeswimfest](http://www.facebook.com/gorgeswimfest)

**Esquimalt Arts Festival:** Sunday, August 10, at Esquimalt Gorge Park. Held in conjunction with the Gorge Swim Fest. Join us for this splashy combination of family fun, entertainment, culinary delights and, of course, artistic demonstration!

**Music in Rudd Park:** Tuesday, August 26, 6:00 pm – 8:00 pm. Bring your picnic dinner, blankets and chairs and enjoy a free neighbourhood concert in Rudd Park! Food is available for purchase. For more information call 250-475-5408.

**Gorge Park Cleanup:** Saturday, September 13, 9:00 am – 12:00 pm, Gorge Park East, across from the Fairway Market on Gorge Road. Free coffee and refreshments.

**Fall Bridal Exhibition 2014:** Sunday, September 14, 10:00 am – 4:00 pm, G.R. Pearkes Recreation Centre. Vancouver Island’s Largest Bridal Trade Show! More information at [www.bridal.ieginc.ca](http://www.bridal.ieginc.ca)

**Victoria Women’s Show:** September 20 – 21 at G.R. Pearkes Recreation Centre. More information at <http://www.victoriawomensshow.com>

**Victoria Baby Fair:** September 27 – 28 at G.R. Pearkes Recreation Centre. More information at [www.vancouverislandbabyfair.com](http://www.vancouverislandbabyfair.com)

**Kids Mega Sale:** Saturday, October 11, 9:30 am – 12:30 pm at G.R. Pearkes Recreation Centre. Gently used maternity/baby/children’s clothing, toys and equipment. FREE admission.

**Vancouver Island’s Most Amazing Collectable Show:** October 24 – 25 at G.R. Pearkes Recreation Centre. More information at <http://vimacs.ca/>

**37th Annual Creative Craft Fair:** November 7 – 9 at G.R. Pearkes Recreation Centre. More information at [www.creativecraftaffairs.com](http://www.creativecraftaffairs.com)

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## Membership Application

Join us July 1 at the Gorge Canada Day Picnic, and sign up or renew as a GTCA member. We love meeting our members in person, and it's your chance to meet some of our board. Look for our volunteers under the distinctive red Gorge Tillicum Community Association tent. Membership helps our association to produce this newsletter. In joining or renewing with our association, you are helping to keep your neighbourhood informed.

- New Membership(s) or**  
 **Renewing Membership(s)**

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

\*EMAIL ADDRESS: \_\_\_\_\_

\*This will be added to our distribution list for occasional emails regarding upcoming events or community issues.

If you are paying for other members of your household, please list the other Members' names:  
\_\_\_\_\_  
\_\_\_\_\_

### PAYMENT:

Please enclose payment and mail to above address

**Individual:** \$5/each x \_\_\_\_\_ memberships = \$ \_\_\_\_\_

**Couples :** \$10/each x \_\_\_\_\_ memberships = \$ \_\_\_\_\_

**Business:** \$25/each x \_\_\_\_\_ memberships = \$ \_\_\_\_\_

**Donation:** Your extra support helps offset Newsletter and other costs. Thank-you! + \$ \_\_\_\_\_

**Total Payment Enclosed** = \$ \_\_\_\_\_

### DETAILS:

Per GTCA By-law #3: Membership is open to any resident or property owner who is 19 years old or older living within the area defined in Article 5 of the Constitution, and persons engaged in business within the Association territory.

Per GTCA By-law #5: Membership is from January 1 to December 31 of the year. New membership shall be valid from the time of payment of membership fees to December 31 of the same year.

Per GTCA By-law #7: Membership is available in two categories:

- (a) Single is open to individuals and carries the right to one vote at meetings.
- (b) Corporate is open to businesses operating in the Association territory as defined in Article 5 and carries the right to one vote at meetings.



## Permission to Play

Early Educators know that play allows children the opportunity to rehearse for later in life. Preschoolers at play learn to co-operate, share, take turns, socialize, listen and reason. But did you know that adults need to play as well? Adult animals of all kinds have been observed at play; but why? Play detracts from caring for young, finding food, out-smarting predators, and keeping oneself injury free. The fact that adult mammals, birds, reptiles, and even fish play well into adulthood must mean that there is a benefit to play.

The national research for play defines several types of play including: Object Play, including skipping rocks, fixing things, riding bikes, throwing a ball; Body Play, including dancing, diving, jumping; Social Play, including rough-and-tumble games and celebrations; Imaginative or Creative Play, including dress up and make believe, music, writing, and poetry.

These types of play have been shown to help adults improve creativity, reasoning, problem solving, adaptability, resilience, innovation, and play builds trust and coping skills. It may also increase your lifespan! Science has proven that the grizzly bears that play the most, live the longest.

Pearkes Recreation Centre offers opportunities for all ages to explore all types of play. Check out our activity listings at [www.saanich.ca](http://www.saanich.ca). Give yourself Permission to Play!



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